## CST EXAM PREP AND REVIEW WORKSHOP

This course is designed to prepare Surgical Technologists to take the CST exam and to demonstrate clinical competence and knowledge of practice standards.

### COURSE BENEFITS:

You will learn strategies to help you feel less intimidated. Some simple tricks will help you identify the most likely answer to multiple choice questions even before you consider the content. You will leave with a personal study plan and take five practice tests over the one day course that will help boost your confidence. This is a straight forward approach to the specific information you will need to successfully complete the CST exam. The content is based on AST recommended standards of practice This very full day of information is presented in a relaxed, professional atmosphere, delivered with humor and real life events that help you to relate the Recommended Practices to your own practice. You will retain the information for the exam and for years to come. You'll also get 7.75 Contact Hours approved by AST.

### ZANDER PERIOPERATIVE EDUCATION

Register online at: <a href="https://www.periop-ed.com">www.periop-ed.com</a>
or
Zander Perioperative Education
162 S. Oak Point Dr
Seneca SC 29627

Email the instructor for information about the course content at: kathy@periop-ed.com

For administrative requests: Wendy@periop-ed.com



AST no longer approves contact hours for classes intended for non-certified Surgical Technicians. AST approved contact hours can no longer be provided for this course.

This continuing nursing education activity was approved by the South Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Approval valid through July 1, 2021



**Professional Development for Perioperative Staff** 

# CST Preparation and Review Course

Clyde Muse Center
at Hinds Community College
Rankin Campus
Classroom 515
July 11, 2020
8.0 ANCC Contact hours



**Professional Development for Perioperative Staff** 

# CST PREP AND REVIEW COURSE

# July 11, 2019

# Agenda:

7:30-8:00 Registration

8:00-8:30 Test taking strategies

8:30-9:00 Personal Study Plan

9:00-9:30 PreOp Preparation

9:30-9:45 Break

9:45-11:00 Intraoperative Procedure

11:00-11:30 PostOp Period

11:30-12:00 Administrative & Personnel duties

12:00-12:45 Lunch

12:45-1:45 Sterile supplies and equipment

1:45-2:45 Basic Anatomy

2:45-3:00 Break

3:00-4:00 Microbiology

4:00-4:15 Pharmacology

4:15-5:00 Wound Closure

5:00 - 5:15 Course evaluation

Free parking is available in front of the building. Enter the lobby and follow signs to Classroom 515 for the Zander CST Prep Course. This is an interactive course. You will complete five modules and take five practice tests during the one day course. All required hand outs will be provided during class. It is not required for class but I recommend access to a good text book to aid your study.

You will learn during class how to focus your study and improve your areas of opportunity. I recommend you schedule your exam the month following The CST Prep and Review Course.



Clyde Muse Center 515 Country Pl Pkwy, Pearl, MS 39208

### **REGISTER:**

online at: www.periop-ed.com

Or detach and mail this form with payment to: Zander Perioperative Education

162 S. Oak Point Dr Seneca SC 29627

Name

Phone Number in case of cancellation

E-mail address for invitation to class

Shipping address for materials

# **Fees and Deadlines:**

Early Registration fee received by June 11 is \$150

Regular Registration Fee Jun 12 - Jul 4 is \$175

Please make checks payable to:

Zander Perioperative Education

### **REFUND POLICY**

Cancellations received in writing up to 14 days prior to class will receive a full refund. A 10% processing fee will be charged for refunds requested less than 14 days prior to class. Cancellation fee will be waived for tuitions transferred to another class. In the rare event that Zander Periop Ed must cancel, Zander Periop Ed's liability is limited to tuition.

Email the instructor for information about the course content at: kathy@periop-ed.com

Pearl MS July 11, 2020

<sup>\*</sup>Times are estimated.