CST EXAM PREP AND REVIEW WORKSHOP

This course is designed to prepare Surgical Technologists to take the CST exam and to demonstrate clinical competence and knowledge of practice standards.

COURSE BENEFITS:

You will learn strategies to help you feel less intimidated. Some simple tricks will help you identify the most likely answer to multiple choice questions even before you consider the content. You will leave with a personal study plan and take five practice tests over the one day course that will help boost your confidence. This is a straight forward approach to the specific information you will need to successfully complete the CST exam. The content is based on AST recommended standards of practice This very full day of information is presented in a relaxed, professional atmosphere, delivered with humor and real life events that help you to relate the Recommended Practices to your own practice. You will retain the information for the exam and for years to come. You'll also get 7.75 Contact Hours approved by AST.

ZANDER PERIOPERATIVE EDUCATION

Register online at: <u>www.periop-ed.com</u> or Zander Perioperative Education 162 S. Oak Point Dr Seneca SC 29627

Email the instructor for information about the course content at: kathy@periop-ed.com

For administrative requests: Wendy@periop-ed.com



AST no longer approves contact hours for classes intended for non-certified Surgical Technicians. AST approved contact hours can no longer be provided for this course.

This continuing nursing education activity was approved by the South Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. Approval valid through July 1, 2020



Professional Development for Perioperative Staff

CST Preparation and Review Course

Kaiser Permanente Capitol Hill Campus SOUTH building CHS A03/A03-1 August 1, 2020 8.0 ANCC Contact hours



Professional Development for Perioperative Staff

August 1, 2020

Agenda:

7:30-8:00 Registration 8:00-8:30 Test taking strategies 8:30-9:00 Personal Study Plan 9:00-9:30 PreOp Preparation 9:30-9:45 Break 9:45-11:00 Intraoperative Procedure 11:00-11:30 PostOp Period 11:30-12:00 Administrative & Personnel duties 12:00-12:45 Lunch 12:45-1:45 Sterile supplies and equipment 1:45-2:45 Basic Anatomy 2:45-3:00 Break 3:00-4:00 Microbiology 4:00-4:15 Pharmacology 4:15-5:00 Wound Closure 5:00 - 5:15 Course evaluation

*Times are estimated.

Within walking distance there are pay lots, and there is an unrestricted parking area on 19th between E Howell St & E Harrison St. Be careful. Some spaces on 19th are 2 hour only.

Enter the South Building and go down one floor to level A The conference room is just outside of the Atrium Café. This is an interactive course. You will complete five modules and take five practice tests during the one day course. All required hand outs will be provided during class. It is not required for class but I recommend access to a good text book to aid your study.

You will learn during class how to focus your study and improve your areas of opportunity. I recommend you schedule your exam the month following The CST Prep and Review Course.



Kaiser Permanente Capitol Hill Campus SOUTH building 201 16th Ave East, Seattle WA 98112

REGISTER:

online at: www.periop-ed.com

Or detach and mail this form with payment to: Zander Perioperative Education 162 S. Oak Point Dr Seneca SC 29627

Name

Phone Number in case of cancellation

E-mail address for invitation to class

Shipping address for materials

Fees and Deadlines:

Early Registration fee received by July 1 is \$150

Regular Registration Fee July 2-25 is \$175

Please make checks payable to: Zander Perioperative Education

REFUND POLICY

Cancellations received in writing up to 14 days prior to class will receive a full refund. A 10% processing fee will be charged for refunds requested less than 14 days prior to class. Cancellation fee will be waived for tuitions transferred to another class. In the rare event that Zander Periop Ed must cancel, Zander Periop Ed's liability is limited to tuition.

Email the instructor for information about the course content at: kathy@periop-ed.com Aug 1, 2020